

# MILK MATTERS

Dairy Farmers of New Brunswick  
Producteurs laitiers du Nouveau-Brunswick

P.O. Box 5034, Sussex, NB E4E 5L2 Tel: (506) 432-4330 Fax: (506) 432-4333 E-mail: nbmilk@nbmilk.com

A monthly publication for New Brunswick milk producers



## December 15, 2017

**Blend Price:** The average price paid to New Brunswick producers who shipped milk in **November 2017: \$77.54/hl or \$18.25/kg of BF** for milk containing: BF **4.2484** kg/hl, Protein **3.3846** kg/hl and LOS **5.7040** kg/hl.

### Quota Exchange Deadline:

Tuesday, January 2, 2018  
4:00 pm

Please email bids to  
[quota@nbmilk.org](mailto:quota@nbmilk.org)

### Credit Exchange Deadline:

Thursday, December 21, 2017  
4:00 pm

Please submit credit bids/offers on  
the DFNB Portal at [www.nbmilk.org](http://www.nbmilk.org)

### Incentive Days 2017

December 2017—1 day

January 2018-March 2018—1 day

**Email:** Please provide an email at [nbmilk@nbmilk.org](mailto:nbmilk@nbmilk.org) to keep up-to-date on important dairy industry news.

The DFNB Annual Report is available online at [www.nbmilk.org](http://www.nbmilk.org) or you may obtain a printed copy by calling the office. Also available is the 2018 Milk Calendar.

### DFNB BOARD OF DIRECTORS

<b>Paul Gaunce</b> Chairman	<b>832-4756</b>
<b>Richard vanOord</b> Vice-Chairman	<b>461-8281</b>
<b>Denis Cyr</b> North-West	<b>445-3103</b>
<b>Fons De Jong</b> Woodstock	<b>375-4049</b>
<b>Nick Duivenvoorden</b> Director-At-Large	<b>237-2087</b>
<b>Reint-Jan Dykstra</b> Moncton	<b>372-4685</b>
<b>Peter Kaye</b> Director-At-Large	<b>546-3914</b>
<b>Gerald Daley</b> North East	<b>546-5969</b>
<b>Robert Woods</b> Sussex	<b>832-5888</b>

## DFNB AGM Summary

Last week, New Brunswick's dairy farmers met at the Delta Fredericton to review the events of the past year and prepare for next year's challenges. New Brunswick's 193 dairy operations currently deliver 455,000 litres each day generating some \$350,000 per day in farm cash receipts or \$130 million for the year.

The following are excerpts from Paul Gaunce's Chairman Message from the 2017 Annual Report which is available on [www.nbmilk.org](http://www.nbmilk.org) :

*"I'm certain we'll continue to improve the system and I'm even more certain we'll suffer some setbacks as any business would. All we have to do is ensure dairy farmers today and tomorrow—as well as the next generation of industry leaders—understand the benefits of supply management and working collectively toward a common goal."*

Young leaders, Josh Robinson and Holly Dykstra, explained that they gained valuable insight in the dairy industry by participating in DFNB's young leaders program and encouraged future candidates to apply. They both believe that this type of program will encourage young leaders with an interest in the dairy industry to become active participants in the industry and represent the industry locally, provincially and nationally.

Milk 2020, New Brunswick's research network, gave presentations on research projects to improve cow comfort, improve financial management and were given a first hand account of the development of SomaDetect's new technology by Bethany Desphande, winners of the 43North \$1 Million Grand Prize and named CIX Top 20 most innovative Canadian tech companies.

Hon. Andrew Harvey, Minister of Agriculture, Mines and Rural Affairs spoke to the 210 dairy farmers and dairy industry stakeholders that attended the banquet the evening of December 6th and the Minister explained that the Department would be modernizing the veterinary laboratory equipment to allow for more efficient analysis and would upgrade ultrasound equipment and mobile veterinary clinics to ensure that the field veterinarians can continue to provide high-quality, on-site services to dairy producers.

## New Entrant Applications

Interested individuals must submit their 5 year business plan and their non-refundable \$100 application fee to Dairy Farmers of New Brunswick after January 1 but no later than January 20, 2018. The Business Plan must include the following:

Pro-forma income statements, cash flow statements and balance sheets for two years; sufficient detail on the ownership structure and governance of the business; a description of the proposed dairy enterprise; the education achieved by the applicant(s); and the applicant's agricultural experience. Applicants are also required to provide a signed letter from all their lenders indicating they have seen and reviewed the business plan and agree to provide financing that is stipulated in the plan.

## Young Dairy Leadership Program

Young dairy farmers aged 35 or less are asked to submit their names if they are interested in participating in DFNB's young dairy leadership mentorship program. Those interested are asked to provide a short biography to Dairy Farmers of New Brunswick's office via email ([stevem@nbmilk.org](mailto:stevem@nbmilk.org)) or fax 432-4333 on or before December 31<sup>st</sup> 2017.

DFNB will select 2 individuals on January 5<sup>th</sup> and notify them on that day.

The individuals selected will be required to attend DFNB's Board meeting at its Sussex, NB office on January 30-31, 2018 and Dairy Farmers of Canada's Annual Policy Conference in Ottawa February 5-8, 2018, as well as other meetings during the course of 2018.

The selected individuals will have their travel, room and meal expenses covered to attend the meetings.

## DFNB Executive

Each year following DFNB's AGM, the board of directors selects its Chairman and Vice-Chairman for a one year term. **Paul Gaunce** was selected to serve his 5th term as Chairman. **Richard vanOord** was selected to serve his 3rd term as Vice-Chairman. The complete list of directors is listed at the left. Robert Speer, the dairy farmer representative on the NB Farm Products Commission, is also an ex-officio director of DFNB.



## Dairy Farmers of New Brunswick

### Quota Exchange for December, 2017

Price in Dollars	# of Sellers	Kgs Offered By Sellers	Total Cum. kgs	Difference Between Sellers/Buyers	Total Cum. kgs	Kgs Wanted By Buyers	# of Buyers
\$6,000.00		.0	.0	40.0	40.0	5.0	
\$11,000.00		.0	.0	35.0	35.0	1.0	
\$12,222.00		.0	.0	34.0	34.0	2.5	
\$15,000.00		5.0	5.0	26.5	31.5	.0	
\$15,555.00		.0	5.0	26.5	31.5	2.5	
\$16,500.00		.0	5.0	24.0	29.0	1.0	
\$17,000.00		4.5	9.5	18.5	28.0	1.0	
\$17,001.00		.0	9.5	17.5	27.0	7.0	
\$17,045.00		.0	9.5	10.5	20.0	7.0	
QESP \$17,097.00		.0	9.5	3.5	13.0	7.0	
\$18,000.00		5.0	14.5	-8.5	6.0	1.0	
\$19,000.00		1.0	15.5	-10.5	5.0	.0	
\$19,500.00		2.0	17.5	-12.5	5.0	.0	
\$20,000.00		29.0	46.5	-41.5	5.0	.0	
\$21,000.00		1.0	47.5	-42.5	5.0	.0	
\$21,123.00		.0	47.5	-42.5	5.0	5.0	
\$22,000.00		12.0	59.5	-59.5	.0	.0	
\$24,000.00		53.0	112.5	-112.5	.0	.0	
<b>TOTALS</b>	<b>23</b>	<b>112.5</b>				<b>40.0</b>	<b>11</b>

QESP = Quota Exchange Selling Price

QESP = Le prix de vente de quota

9.5 of 13.0 kgs wanted at or above the Quota Exchange Selling Price of \$17,097.00 were purchased.

9.5 des 13.0 kilos demandé au prix de vente de \$17,097.00 ou au dessus ont été acheté. Il y avait un total de 112.5 kgs proposés à la vente et le total des offres pour l'achat de 40.0kg.

There was a total of 112.5 kgs offered for sale and total bids to purchase of 40.0 kgs.

Next Exchange closes at 4:00 p.m., Tuesday January 2, 2018

Results are available Friday January 5, 2018

Tel. : (506) 432-4330 Fax: (506) 432-4333 Quota: (506) 432-4330



Month	Dec	Nov	Oct	Sept	Aug	Jul	6 month avg.
Clearing Price	\$17,097	\$0	\$20,000	\$20,000	\$20,000	\$21,000	\$19,619
Kgs on Exchange	9.5	.0	21.5	49.5	21.0	22.1	24.7
Kgs by Transfer	.0	.0	.0	.0	.0	.0	.0

#### NB Domestic Milk Pool

Domestic Market	Butterfat Quota	Butterfat Shipped	Fill Rate	Butterfat	Protein	Lactose	HL	Under SNF Incentive
November 2017	548,844	536,095	97.68%	\$10.4399	\$7.2224	\$1.5237	\$77.54	\$8,480.84
Dairy Year	2,217,310	2,103,998	94.89%	\$10.4929	\$7.3308	\$1.5174	\$76.03	\$59,291.13
Marginal Market								
November 2017		242		\$0.0000	\$0.0000	\$0.0000	\$0.00	
Dairy Year		825		\$0.0000	\$0.0000	\$0.0000	\$0.00	
Deductions & SNF Ratios	Transport	Promotion	Admin	Lab Fee	Total Ded Per HL		SNF Ratios	Target Ratio
	Per HL	Per Kg of Total Solids						
November 2017	\$2.60	\$1.139	\$0.0605	\$0.0011	\$4.94	Current Month	2.1393	2.2937
Dairy Year	\$2.56	\$1.139	\$0.0605	\$0.0011	\$4.86	Past 12 Mo's	2.1821	
Components & Quality	Somatic Cell Count	Standard Plate Count	Lab Past. Count	Butter Fat	Protein	Lactose & O.S.	Total solids	Rejected Loads
November 2017	179,741	7,501	134	4.2484	3.3846	5.7040	13.3370	3
Dairy Year	196,153	8,482	3,931	4.1098	3.3028	5.6885	13.1012	3

#### November 2017 Credit Exchange \$0.49kg

8385 kgs of the 8628 kgs offered at or below the Credit Exchange Selling Price were sold.

**Credit Exchange rules effective August 1, 2017: Producers above -10 days of credits are eligible to buy credits. Producers below -10 days of credits are eligible to sell credits.**

**Please review your statement to determine kgs eligible to sell / buy on the December 2017 Exchange.**

**\*\*DFNB encourages all producers to submit credit bids/offers on the Portal at [www.nbmilk.org](http://www.nbmilk.org) - click on LOGIN link. \*\***

Forms are available on the DFNB website: <https://www.nbmilk.org/en/producer-info/forms-to-download>

Email to submit forms for bids/offers on the Quota Exchange: [quota@nbmilk.org](mailto:quota@nbmilk.org)

### Quota Exchange Procedures

Bids/Offers must be submitted on forms provided prior to **4:00 p.m. on 1st working day of month.**

**All bids must be accompanied by confirmation of funds from your lending institution if bid is greater than prior month's "Due Producer". Producers will not be allowed to combine their "Due Producer" amount with their confirmation of funds from a financial institution to bid for quota equal to the combined amounts. Bids or offers above \$24,000 will not be accepted. Producers selling all of their quota on an exchange will be subject to a security deposit of \$1000/kg that will be returned 30 days after effective date of the transfer.**

### Credit Exchange Procedures

Bids/Offers must be submitted on forms provided prior to **4:00 p.m. on the 4th working day after the 15th of the month.** Results are available on the morning of 25th. Producers exiting industry may purchase/sell credits one month following effective date of sale. *If you do not receive your statement in time to review your credit position, please call the office and we will fax /email your statement to you.*

### Milk Penalty Funding

**Re-active funding:** Producers subject to milk quality penalty may access \$100 from Milk Penalty Fund to offset, **once per year**, cost of visit from a milk quality technician.

**Pro-active funding:** Producers advised of second or subsequent milk quality infraction, prior to a penalty assessed, is allowed to offset, **once per year**, cost of a visit from milk quality technician to a **maximum of \$500.** Producers may apply for funding by forwarding paid invoices to DFNB office.

### Minimum Quota Holdings Policy

**The Board will cease picking milk up when the farm's total daily quota falls below ten (10) kilograms.**

### Group Insurance Rates 12/01/2017

The Co-operators, Group insurance:  
**Monthly Single Coverage: \$119.33**  
**Monthly Family : \$329.75**

Questions regarding claims, rates or enrolment? Please call:

**Emily Murphy of Alodium**

**Financial :**

**1-800-994-5155 or 506-850-1643**

**Email: emilymurphy@rogers.com**

### Weekend/After Hour Quality Milk

**Problems:** Should a producer require alternate transportation due to **quality related concerns**, Agropur will now be the first contact (**432-0476**). *If no answer, please leave a message.* Agropur personnel will advise of DFNB's policy with respect to extra transportation costs.

### Weekend/After-Hour Service:

Please call **432-4330**. The Answering Service will contact DFNB staff.

## Producer of the Year/Best Somatic Cell Count Awards



In order to qualify for awards, producers must have all SCC tests below 400,000; their annual average Somatic Cell Count below 150,000; all their Standard Plate Count below 5,000, no inhibitors, no added water, no farm premise infractions and have met the food safety requirements of the proAction® program.

*<=Frank and Anna Waterston (centre) receiving the Somatic Cell Count Award from DFNB Chairman Paul Guance (left) and the Producer of the Year trophy from Steve Dobbins of Saputo (right).*

## BEST STANDARD PLATE COUNT AWARD



*<=On the left Paul Chiasson of Agropur Dairy Cooperative presents the Standard Plate Count Award to Josiah Weir representing Jolly Farmer Products.*

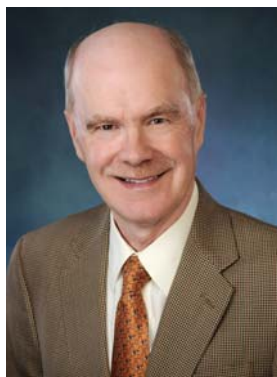
## EXCELLENT MILK QUALITY AWARDS

7 of the 10 farms who received \$500 each for their milk quality were recognized at the DFNB Annual Meeting banquet at the Delta Fredericton. Pascobac Holsteins and Sussex View Farms Inc. were also recognized for having met the milk quality awards criteria for 5 years this dairy year.



*From left to right: John Eric Somerville, Anna and Frank Waterston, Josiah Weir, David McCullum, Charles Anderson, Andre Brillman, Cindy and Allan Prescott (absent: Andrew and Robert M. Buttmer, Scott Robinson, Con Rommens)*

## New Brunswick Dairy Hall of Fame Inductee for 2017



John Campton (Jack) Christie, was inducted into New Brunswick's Dairy Hall of Fame the evening of December 6, 2017 at DFNB's Annual Meeting banquet. More than 200 guests were present for the event which gave them the opportunity to show their appreciation to Jack for his past contribution to New Brunswick's dairy sector that are detailed in DFNB's 44<sup>th</sup> annual report. Jack was recognized for his ability to collaborate with others and actively participating in resolving the daily challenges and striving for excellence. Jack was a strong advocate for the cooperative movement and was pleased that the transfer of Northumberland Cooperative's assets allowed New Brunswick's dairy farmers to continue to work within a larger cooperative. Jack noted milk's excellent nutritional value and encouraged the sector to continue to promote the benefits of this locally produced food to the general public.

With his knowledge, skill and dedication, Jack certainly played a very prominent role in the advancement of the dairy industry provincially and nationally.

## Dairy Farmers of Canada

Are you passionate about the dairy industry? Do you participate in various local events or offer farm tours? Do you enjoy teaching people about how milk gets from the farm to the table? If so, Dairy Farmers of Canada can help by providing you with various promotional items, resources as well as material (i.e. outdoor tent, table top game, table cover, etc.). Note that all requests will be processed on a first-come, first-served basis and should be put-in **at least 6 weeks** prior to your event. To learn more about what we can offer, just contact Dairy Farmers of Canada's Regional Project Manager, Michelle Arseneau Leger, at 1-800-465-2697 (ext. 3) or [michelle.arseneauleger@dfc-plc.ca](mailto:michelle.arseneauleger@dfc-plc.ca).

**Advertising Rates:** Active producers may submit dairy related word ads at no charge. *Producer ads will be advertised for two months only, unless otherwise notified.* For other parties interested in advertising, the monthly rates will be \$400 (full page), \$225 (½ page), \$120 (¼ page) and \$65 (1/8 page). All ads must be received by 8th of month.

**Office Space For Lease:** 29 Milk Board Road, Roachville, 1100 sq feet divided in 4 Offices, Boardroom, and Storage Room. Please call: 432-4330 or email: [nbmilk@nbmilk.org](mailto:nbmilk@nbmilk.org)

## SERVICES

**Maritime Quality Milk:** [www.milkquality.ca](http://www.milkquality.ca)

**Quality Milk Management:** Don Anderson 432-5598 or [udder1@nb.aibn.com](mailto:udder1@nb.aibn.com)

**Antibiotic Testing:** Agropur Cooperative. 432-1950, Ext 245. Sample bottle must include Name, Producer#, Email, Phone #, Cow#, Drug Used.

**Dairy Specialist:** Brian MacDonald Cell: 433-0509  
Email: [brian.macdonald@gnb.ca](mailto:brian.macdonald@gnb.ca)

**Livestock Feed Specialist:** David Dykstra phone: 434-5755  
[david.dykstra@gnb.ca](mailto:david.dykstra@gnb.ca); @NbForage

### AgExpert Analyst Certified Advisers:

David Christie 466-4305; Kim Waalderbos 260-3004

**Hoof Trimming:** E. Duivenvoorden 433-1864;  
Peter Jones 866-0531

**Relief Milking and Farm Sitting**—Daily & Hourly rates  
Jens vanderHeide 851-1793; [jvan\\_der\\_heide@hotmail.com](mailto:jvan_der_heide@hotmail.com)

**Custom Manure Spreading:**  
1-800-833-9899 or 433-0867; 756-3645 or 756-2957

### NB Environmental Farm Plan

John Russell 452-8101 or 381-2887 [john@fermeNBfarm.ca](mailto:john@fermeNBfarm.ca)

### Sussex Co-op Livestock Auction:

Sales every other Wednesday at 11:30 am Call: 432-1841

**Bob Calve Prices :** <http://bovin.qc.ca/en/price-info/cull-cattle-and-bob-calves/daily/>

**Wood Ash for Growers:** Call Gerben at 506-235-0652

**NB Beef Cattle Research Council:** Free webinars:  
<http://www.beefresearch.ca/resources/webinars.cfm>

**Dairy Farmers of Nova Scotia newsletter:**  
<https://www.dfns.ca/resources-links/newsletters/>

**Milk Producer magazine**  
<http://www.milk.org/Corporate/Content.aspx?id=1941>

**Canadian Dairy Commission Market Bulletins:**  
<http://www.cdc-ccl.qc.ca/CDC/index-eng.php?id=3830>

## Atlantic Dairy Industry Central Event Calendar

<http://www.valacta.com/EN/Atlantic/Pages/Atlantic-infos.aspx>

If you have events to add, email : Jeff Gunn at [jgunn@valacta.com](mailto:jgunn@valacta.com) ;  
Fred Vanderkloet [fsvanderkloet@gov.pe.ca](mailto:fsvanderkloet@gov.pe.ca) or  
Brian MacDonald [brian.macdonald@gnb.ca](mailto:brian.macdonald@gnb.ca)

**AgWeather Atlantic:** <http://atl.agrometeo.org/index.php/weather/local>

## NB Research & Productivity Council (RPC) 506-452-1212

RPC Building, 921 College Hill Rd, Fredericton NB E3B 6Z9

Composition testing inquiries, contact: [Jill.Hay@rpc.ca](mailto:Jill.Hay@rpc.ca)

Microbiology testing inquiries, contact [Corrie.Maston@rpc.ca](mailto:Corrie.Maston@rpc.ca)

## Transportation:

**Eagle Transportation** – 432-9128 Ext 287 - (Cell) 432-0476

**R.F. Mason Ltd.** – 433-2049 - (Cell) 434-4486

**Veronica McEwen** – (Office) 432-4330 Ext. 102 - (Cell) 432-0092

**Bulk Milk Tanks:** All bulk milk tanks needing calibrated will be coordinated by DFNB staff using the calibration services of both Dairy Farmers of Ontario (DFO) and International Dairy Calibrations Atlantic Ltd. (Eric Hope-Rapp). If you are planning to install a new tank or have installed one recently, please call **432-4330** so your farm can be added to the schedule.

### **Before replacing your bulk milk tank remember:**

New tanks of 1000 US gallons (3780 liters) must have a minimum outlet of 3 inches with a butterfly valve; New tanks less than 1000 must have a minimum tank outlet of 2 inches with a butterfly valve; **Used tanks of any size must have a minimum tank outlet of 2 inches with a butterfly valve.**

**Additional Pickups:** Currently producers can request (if bulk milk transporters have the equipment/capacity) up to 45 pickups over 24 months at an extra charge of \$2.00 per hl over monthly transportation rate. Producers may now request between 46 and 90 everyday pickups over 24 months at an extra charge of \$4.00 per hl over monthly transportation rate. The \$2.00 and \$4.00 per hl will be the minimum charge. In the event that additional equipment has to be dispatched, then the charge will be equivalent to the actual transportation costs.

**Winter 2017/2018:** We understand that many of our producers are struggling with tank capacity due to the quota increases over the past while. Please check your tank capacity for the winter months whereas a snow storm could mean losses that may be avoidable.

The milk pickup requirements are that each farm has the capacity to store their fifth milking in the cooler. If there is a storm advisory for your area, it may be wise to ask if we could pick your milk up a day early on a truck passing close by. This will help you and the drivers to have a bit of space if the roads are not passable. Please contact Veronica McEwen with these requests either at the Office 432-4330 or by Cell 432-0092.

**Driveway Policy:** Producers are reminded that the portion of the driveway and yard that the milk truck travels must be cleared of snow, and ice surfaces must be salted and sanded. (*Farm Pick-Up Standard Operating Procedures*)

## Upcoming Events

**DFNB BOARD MEETING:** January 5, 2018; January 30,31, 2018



# SomaDetect

The team at SomaDetect wants to wish all the New Brunswick Dairy Farmers & their families a Merry Christmas and Happy New Year! We wish you all lots of love, joy and happiness this holiday season.

To those who may not know us yet, SomaDetect is a startup company in Fredericton, NB. We are committed to building amazing new technology for the dairy industry. We are starting with an in-line sensor that identifies cases of mastitis and ketosis (both clinical and sub-clinical), and will add in the ability to measure fat, protein, SCC, progesterone, and trace antibiotics throughout 2018. It's one sensor with many algorithms - the idea is that we install the equipment once and then upgrade the software overtime. The sensor uses no consumables (no chemicals, no cartridges, no lost milk), is extremely quick (seconds, not minutes), and accurate.

SomaDetect had a wild year... from kicking off our pilot to winning startup competitions in Canada and the US, we remain incredibly thankful to dairy farmers throughout New Brunswick; you not only gave us your time, allowed us onto your farms and provided us with samples, but also contributed essential feedback on our product that has greatly improved our technology.

What are the next steps for SomaDetect? We are preparing to start commercial sales of the sensor in the spring of 2018 and we want New Brunswick farmers to have the first opportunity to purchase the technology. If you are interested, please don't hesitate to reach out!

**WWW.SOMADETECT.COM | (418) 570-2197 | INFO@SOMADETECT.COM**



## **SPECIAL THANKS TO OUR AGM SPONSORS / EXHIBITORS**

### **Gold Sponsor**

**Agropur Cooperative**

### **Silver Sponsor**

**Farm Credit Canada // TD Bank**

### **Bronze Sponsors**

**RBC Royal Bank**

**Shur-Gain / Nutreco Canada Inc.**

**The Co-operators / Go To Benefits Inc.**

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### **Hospitality Suites**

**Agropur Cooperative**

**BMO Bank of Montreal**

**ScotiaBank/Scotia Wealth Management**

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### **Dairy Product Donations**

**Agropur Cooperative // Saputo Inc.**

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### **Exhibitors\* / Donations\*\***

**Atlantic Farm Services\***

**Brookville Lime\***

**Cain Insurance\***

**Clarence Farm Services \*\***

**Covey Office\*\***

**Dairy Farmers of Canada\* \*\***

**Diversified Office Services Ltd\*\***

**East Gen\***

**Farm Credit Canada\* \*\***

**Fundy Agriculture Services\***

**Hartland Agromart\***

**Jefo Nutrition\***

**LBJ Farm Equipment\***

**Maritime Farm Supply\***

**Nex Gen Energy\***

**RBC Royal Bank\***

**Shur-Gain / Nutreco Canada Inc.\* \*\***

**Somadetect\***

**The Co-operators / Go To Benefits Inc \* \*\***

**TD Bank\* \*\***

**Valacta\* \*\***

**Weeks Quality Farm Supply\***

### **Producer Group Insurance Rates**

Due to the ever rising cost of prescription drugs and other medical services and equipment, the costs of your medical plan have increased as follows:

**Family Coverage-\$329.75/month**

**Single Coverage-\$119.33/month**

Producer Coverage has also been extended from age 65 to age 70. These rates will be effective December 1st, 2017. For any questions or to discuss these rates or any other issues, please call:

**Emily Murphy** at (506) 850-1643 or 1-800-994-5155  
or **Serge LeBlanc** at (506) 227-9628

We would be very pleased to discuss this with you.



### ***Traditional Christmas Eggnog***



*Prep. Time*15 mins

*Refrigeration Time*1 hr

*Yields*12 servings

### **Ingredients**

6 eggs, separated

1/4 tsp (1 mL) salt

2/3 cup (160 mL) sugar

3/4 cup (180 mL) light rum

1 tsp (5 mL) vanilla extract

2 cups (500 mL) **35 % cream**

2 1/2 cups (625 mL) **Milk**

Freshly grated nutmeg

### **Preparation**

Beat egg whites and salt until stiff peaks form; set aside. In another bowl beat egg yolks until light. Gradually add sugar and continue beating until thick and lemon coloured. Slowly stir in rum and vanilla.

Whip **cream** until softly stiff. Fold whipped **cream**, then egg whites into yolk mixture. Gently stir in **milk**.

Serve well chilled with freshly grated nutmeg on top.

**Note:** *This recipe contains raw or lightly cooked eggs. Foods containing raw or lightly cooked eggs may be harmful to vulnerable people such as young children, the elderly, pregnant women and people with weak immune systems.*

